

## **Welcome to Broadstone Recreation Ground.**

These trails are brought to you for your enjoyment by Broadstone Fields in Trust and the Wessex Orienteering Club. They are designed for people of all ages, 6 – 80!

### **Challenge**

On the map there are purple circles each with a letter alongside. On the ground, at the position of each circle, there is a tree or post with a red & white marker carrying the same letter.

Your challenge is to choose a course and visit the markers in the correct order from start to finish. You will need to read the map to take you along paths and across grassy fields.

### **What to do.**

1. Start/Finish 1 is near the Lower Blandford Rd. entrance. Start/Finish 2 is just below the cricket pitch. Go to one start and decide which course you are attempting. Look at the size & colour of the Start/Finish marker. All the markers look like this one.
2. Stand still, keep your map flat, look around and line it up with what you see, especially the fence lines, tree lines and any buildings. There is a North arrow on the map which may also help.  
Suppose the first letter on your course is A, look for the circle labelled A on the map. Head off in that direction, keeping your map lined-up all the time.
3. Move your thumb on the map as you go, to show where you are. You may have to follow more than one path to get there. You can run if you like!
4. You should soon find your first marker. Check the letter. Is it yours? YES! Great! Line-up your map and off to the next letter.
5. If it's the wrong letter, don't worry. Find that letter on the map. Now you know exactly where you are. So you can line-up your map, then point in the direction of your first letter again and off you go. Better luck this time!
6. Continue right round like this until you arrive back at the Start/Finish.

If you are running, please take care & respect other people, especially on narrow paths.

Do not enter the two out-of-bounds areas marked on the map (cricket square & heath land)

### **What to do next**

If you enjoyed this experience, try the orienteering trails in other Poole & Bournemouth parks. Use: [www.wessex-oc.org](http://www.wessex-oc.org). Select: Permanent Courses from the menu on the left of the home page. Browse to more parks with trails and download your own maps.