



Find Your Way Events

The Dorset *Find Your Way* series is a set of [six events](#) organised by local orienteering clubs aimed at people who are new to the sport, especially families. Orienteering is a sport in which participants either walk or run round a course visiting a set of points (known as controls) marked on a map, which will be provided to you at the event. All the *Find Your Way* events are in urban or parkland settings, so the map reading ability required is not very high. Club coaches will be on hand at each event to provide assistance if requested. No special equipment is needed, though if you happen to own a compass you might like to bring it along.

At each event there will be two line courses with lengths of approximately 1.5 km and 3km. In a line course participants have to visit a series of control points in the order they are shown on the map. There will also be a score event in which about 20 controls are marked on the map and the participant has to visit as many of them as possible within 60 minutes, choosing their own order in which to visit them. As all courses will be in an urban area, our insurance regulations mean that anybody under 16 must be accompanied by an adult.

For the two line courses there is no fee to take part, and no need to register in advance. You just turn up on the day and start at any time between 11.00 and 13.00. For the score course there is a £5.00 entrance fee and you need to register in advance using the [Race Signup Website](#).

If you have any questions about the *Find Your Way* events please contact the series organiser Jason Falconer at mf.jason@gmail.com.

Baiter Park Event

The next event in the series will be organised by [Wessex Orienteering Club](#) at Baiter Park in Poole on Saturday 14th May. The start and finish of the courses will be in the car park on the western side of Baiter Park next to the cycle speedway track; what3words location [sunset.mount.young](#).

MapRun

Timing of participants will be carried out using the [MapRun 6](#) app that can be downloaded onto most smart phones. Although using MapRun is recommended, people will be able to have a go at either of the two line courses without using the app, but their names will not appear in the results.

The MapRun app uses the phone's GPS to track your position and when it senses that you have reached a control point, the phone will bleep/buzz at you. All control points on the line courses will be marked on the ground by a small white and orange flag, but this will only exist at some of the controls on the score course.

Before you start you will need to download the course you wish to do on to your phone. To do this open up the MapRun app and hit the 'Select Event' button. Then select UK (United Kingdom) >Find Your Way>FYW Dorset and finally which of the three Poole events (i.e. Short Line , Long Line or Score) you wish to take part in.

Help in using the MapRun App can be provided at the event if required.

