

Studland Dunes Leisure Orienteering

The National Trust and the Wessex Orienteering Club have worked together and are pleased to bring you this enjoyable outdoor experience.

What's it all about?

Navigate on foot from the start to the finish on your chosen course as quickly and accurately as you can. Visit all the intermediate control points on your course.

Each control point is a post with a red and white square marker. Each one has a different letter on it. Use the letter to check that you have navigated correctly from the previous one. Please ignore any yellow posts you see on the paths. There are two courses, short (0.9km) or medium (1.8km), choose the one that suits you better.



Where are the Start & Finish?

From the National Trust information office by the Café, walk directly away from the beach into the big car park on your right. Make for the far left-hand corner. Follow the short, rough path up the steep bank through the trees. At the top is the start post, it is at the purple triangle on your map) and the finish is in the same place.

How do I choose the right path?

Wherever you are, hold your map flat.

Turn the map round until the right-hand side is parallel to the beach and the sea.

Put your finger tip on the map at the place where you are standing.

If you now look up, the paths, dunes and woods around you should exactly match what you see on the map.

Now you can decide which path to follow.

How do I get going?

The first control letter on both courses is I so find the same purple letter I on the map

Select the right path to get there (see above) and off you go!

When you get there you should find the letter I on the post.

If it is, you are getting the hang of it.

If it is not, you must have left the last control (or start) on the wrong path, so retrace your steps to the previous control and carefully select your path again.

When at the control, look for the next one on your course and choose the path heading to that
Continue in the same way until you reach the finish

I have done the course, what now?

If you have done the short course why not try the medium or you can have a competition with family and friend to see who can do a course the quickest?

Details of other local permanent orienteering courses can be found at <http://wessex-oc.org.uk/mapped-areas/permanent-orienteering-courses/>

Disclaimer: Orienteering on the Studland Dunes is done at the participants own risk and on the condition that they have no claim whatsoever against the National Trust or against the Wessex Orienteering Club for any loss, damage or injury however suffered or caused. Take care when using this area. Do not touch any metal objects or munitions lying on the ground.